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# Indigenous Recommended Resources

## Land Acknowledgements

### [A guide to Indigenous land acknowledgements](#)

This blog post covers some of the key elements of creating a land acknowledgement, produced by the Native Governance Centre.

### [Are you planning to do a Land Acknowledgement?](#)

A short, yet critical piece by prominent children's book critic, Dr. Debbie Reese. This blog post is a compilation of tweets originally published as a Twitter thread.

### [Beyond Territorial Acknowledgements](#)

Written by Métis writer, educator and public intellectual, Chelsea Vowel and published on her website âpihtawikosisân. This blog post critically tackles several issues related to land acknowledgements.

### [First Nations, Métis and Inuit – Indigenous Ontologies](#)

The FNMI Ontology is released through the National Indigenous Knowledge and Language Alliance (NIKLA). The linked document features a compiled working list of Indigenous Names to better reflect how Indigenous people currently prefer to refer to themselves.

Note\*This is a living document that will be updated and change as more information is gathered or realized in the course of research and/or consultations.

### [Guide to Acknowledging First Peoples & Traditional Territory](#)

This document from the Canadian Association of University Teachers (CAUT) provides recommended land acknowledgement templates for where its members work/ The templates are organized by province and are designed to allow for customization.

Note\* "We wish to emphasize that this is a guide, not a script. We are recommending the acknowledgements that have been developed by local university-based Indigenous councils or advisory groups, where possible. In other places, where there are multiple territorial acknowledgements that exist for one area or the acknowledgements are contested, the multiple acknowledgements are provided. This is an evolving, working guide."

### [How can I make the land acknowledgement meaningful?](#)

In this blog post, educator, Dr. Angela Nardozi (Italian descent) writes about her reflections on land acknowledgements from her settler perspective. Find links to other components of this series at the top of this post.

### [Indigenous Peoples Atlas of Canada](#)

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### ['I regret it': Hayden King on writing Ryerson University's territorial acknowledgement](#)

In this CBC article, Anishinaabe writer and educator Hayden King discusses why he regrets writing Ryerson University's territorial acknowledgement.

### [Joining the Circle: An Indigenous 101 Toolkit \(University of Toronto Libraries\)](#)

This toolkit aims to "encourage interest in developing Indigenous cultural competency for library staff employed at the University of Toronto Libraries" and introduces land acknowledgements, key concepts, terminology and further resources. Authored by Jamie Lee Morin with contributions from Desmond Wong.

### [Know The Land](#)

Created by the Laurier Students' Public Interest Research Group, this website covers some of the basics about how to create a land acknowledgement.

### [Learning the Land: Walking the talk of Indigenous Land acknowledgements](#)

### [Native Land](#)

Native Land features a virtual, interactive map of Indigenous territories, treaties and languages across North America, South America, Northern Europe, New Zealand, and Australia. This map can be used as a tool to learn about whose territory you live and work on or whose territory you will be visiting. However, it is important to note that the map does not represent or intend to represent official or legal boundaries of any Indigenous nations. This site also has resources for creating a land acknowledgement.

### [Territory Acknowledgement](#)

Produced by Native Land.ca, this blog post provides some first steps and additional resources for doing land acknowledgements.

### [The Power of a Name](#)

The Power of a Name is a film series that examines the contested history of building naming practices at UBC's first year student residence, Totem Park. It features stories of relationships between UBC and Indigenous communities.

### [UBC's Xwi7xwa - Distance Research - Land Acknowledgement](#)

### [Understanding Territorial Acknowledgement as a Respectful Relationship](#)

From the open textbook "Pulling Together: A guide for Indigenization of post-secondary institutions, this is a professional learning series designed for teachers and instructors.

### [What is a land acknowledgement?](#)

Created by the University of British Columbia, this post clarifies the terms "traditional", "ancestral" and "unceded". These terms are commonly used in land acknowledgements but frequently misused and misunderstood.

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## [Whose Land](#)

Whose Land features a virtual, interactive map of Indigenous territories and treaties across North America, New Zealand and Australia. This map can be used as a tool to learn about whose territory you live and work on, or whose territory you will be visiting. The site also has resources for creating a land acknowledgement.

## DEIB and Human Resources

### [Indigenous Works](#)

An Indigenous-led, not-for-profit organization advancing Indigenous employment and inclusion.

### [Workforce Forward Summit](#)

Learn how to propel your workplace culture to one that puts Indigenous inclusion first.

### [TAP Network: Equity, Diversity, Inclusion & Belonging Resource Hub](#)

### [Building Inclusion for Indigenous Peoples in Canada Workplaces](#) - Catalyst

### [Women in Leadership Foundation Indigenous Leadership Circle Report](#)

### [Creed and Human Rights for Indigenous Peoples](#) by the Ontario Human Rights Commission

[Inclusion of Indigenous workers in workplace mental health](#) by Robyn A. O'Loughlin, Vicki L. Kristman and Audrey Gilbeau

### [Building Inclusion for Indigenous Peoples in Canadian Workplaces \(Report\)](#) by Catalyst

### [Guide to Developing Indigenous Inclusion](#) by the Local Employment Planning Council

### [How to Prevent Indigenous Discrimination in the Workplace](#) by the International Labor Office

[Inclusive Futures: Indigenous Engagement in Canada's Workforce](#) by Public Policy Forum (PPF) and Action Canada

### [Indigenous Recruitment and Retention Framework](#) by the Government of Northwest Territories

### [Indigenous Workplace Inclusion: Strategies for Moving Forward](#)

[Canadian Council for Aboriginal Business Research Reports](#) by CCAB

## Reconciliation Training

[University of Alberta - Indigenous Canada](#) is a Massive Open Online Course (MOOC) from the Faculty of Native Studies that explores Indigenous histories and contemporary issues in Canada. From an Indigenous perspective, this course explores key issues facing Indigenous peoples today from a historical and critical perspective, and highlights national and local Indigenous-settler relations.

### [UBC - Reconciliation Through Indigenous Education](#)

Reconciliation Through Indigenous Education is an online course taught by Jan Hare of the University of British Columbia. The purpose of the class is to provide community leaders, service workers, teachers and managers with insight into how Indigenous histories, perspectives and worldviews impact learning.

### [Columbia University - Indigenous Peoples Rights](#)

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Examine how Indigenous Peoples have been contesting norms, institutions and global debates in the past 50 years, and how they have been re-shaping and gradually decolonizing these systems at international and national levels.

#### [Ladders to Kindness Ladders to Kindness](#)

This training aims to minimize lateral violence and promote lateral kindness and cultural safety through our trauma informed training programs.

#### [Indigenous Corporate Training Inc.](#)

ICT offers free and paid in-person and online training programs, with a specialization in corporate training.

#### [Decolonizing Practices](#)

They offer workshops for groups who want to learn about and commit to decolonizing practices including an Interactive Introduction to Territorial Acknowledgements; a Decolonize First workbook for people who want to unlearn supremacy, and personal tools to dismantle colonialism. They are currently working on new unlearning innovations including an update of decolonization practices.

#### [Mitelnexw Leadership Society](#)

Squamish-led Leadership Transformation Leadership centered in decolonizing practices, indigenization, reconciliation and self-actualization.

#### [KAIROS Blanket Exercise](#)

Hold or attend a Blanket Exercise. The Blanket Exercise is based on using Indigenous methodologies and the goal is to build understanding about shared history as Indigenous and non-Indigenous peoples in Canada, by walking through pre-contact, treaty-making, colonization and resistance. Everyone is actively involved as they step onto blankets that represent the land, and into the role of First Nations, Inuit and later Métis peoples.

#### [4 Season of Reconciliation Course](#)

RBC is honoured to partner with the First Nations University of Canada and Reconciliation Education to welcome and invite you to learn from the various Indigenous contributors that are involved in the creation of 4 Seasons of Reconciliation. This self-paced online program offers 10 modules on truth and reconciliation.

#### [Elements of Truth Workshops](#)

kinSHIFT is an Indigenous-led initiative supporting settlers who are committed to building respectful relationships with Indigenous peoples and places. Our experiential, arts-based workshops and programs allow participants to learn, practice, ask questions, and make mistakes in a safer environment, all while building a foundation for engaging meaningfully with Indigenous peoples.

#### [The Village © Workshop Series](#)

Kathi Camilleri facilitates experiential reconciliation workshops Building Bridges through Understanding the Village and strategic planning workshops Paddling Together for diverse groups of people and organizations in communities across Canada and the U.S.

#### [Len Pierre Consulting](#)

Len Pierre provides consulting services, educational and training workshops and guest speaking.

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### [Cultivating Safe Spaces](#)

Elaine Alec practices and teaches decolonized practices for healing and decolonizing within the workplace and in all areas of life. She offers a variety of online training workshops, seminars, and keynotes.

### [Canadian History through the Indigenous Women's Lens](#)

Canadian History through the Indigenous Women's Lens consists of four 2 hour modules that bring learners on a historical journey from the 1700's to present day through sharing the history of the creation of Canada through Indigenous women's worldviews, knowledge, and lived experiences.

It is taught by Chastity Davis through her educational website, [DEYEN](#) an Invitation to Transform.

### [Indigenous Education Resource](#)

Brief educational guide and terminology glossary.

## **Open Text BC: Pulling Together**

### [Pulling Together: A guide for Indigenization of post-secondary institutions](#)

A professional learning series which includes:

[A Guide for Teachers and Instructors](#)

[A Guide for Front-Line Staff, Student Services, and Advisors](#)

[A Guide for Leaders and Administrators](#)

[A Guide for Curriculum Developers](#)

## Resources to Watch

[Recognizing Our Implicit Bias Towards Indigenous Peoples](#) by Kelly Terbasket

### [8th Fire Series with Web Kinew](#)

A 500-year-old relationship coming out of conflict, colonialism, and denial. Join Wab Kinew on a two-minute walk through 500 years of aboriginal history and then watch the entire 4-part series.

### [Namwayut: we are all one. Truth and Reconciliation in Canada](#)

Chief Robert Joseph shares his experience as a residential school survivor and the importance of truth and reconciliation in Canada

### [Treaties, reconciliation and Indigenous history in Canada](#)

How well do Canadians know Indigenous history? What role did treaties play in forming our country? Are the stories told through truth and reconciliation changing our understanding of Canadian history?

### [What is reconciliation? Indigenous educators have their say](#)

Is hanging Indigenous art in an office "reconciliation?" In this web series called "First Things First," Indigenous experts take a look at what it really means to reconcile after generations of systemic racism against Indigenous peoples.

### [Truth and Reconciliation Progress?](#)

An examination of current and ongoing progress on Canada's Truth and Reconciliation Commission Report and the government's adherence to its 94 recommendations.

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### [Beyond 94](#)

An immersive website on the 94 Calls to Action of the Truth and Reconciliation Commission and a curated selection of Beyond 94 video content, as well as other videos on the theme of reconciliation.

### [National Centre for Truth and Reconciliation](#)

Hosted by the University of Manitoba, the TRC legacy lives on here with archived statements and videos, research, report, etc. available on this website.

### [Senator Murray Sinclair](#)

Senator Murray Sinclair is a former member of the Canadian Senate and First Nations lawyer who served as a chairman of the Indian Residential Schools Truth and Reconciliation Commission. He has spoken widely regarding the TRC and his videos are insightful and powerful.

### [Dr. Chief Robert Joseph](#)

Dr. Chief Robert Joseph is a hereditary chief of the Gwawaenuk First Nation. He leads a powerful video series with Reconciliation Canada and his [Epiphany](#) is well-worth watching.

### [Reconciling the Power of One Story](#) presented by Angela Sterritt

Growing up, many were only exposed to media centered on white characters and white points of view. Today, in the age of reconciliation, the public is hungry to learn more about Indigenous world views. But many are grappling and flailing with education about Indigenous people and communities. Sterritt takes us on a journey of how Indigenous people went from victim, to victors, in the eyes of a slowly learning public.

### [CBC Unreserved](#)

Unreserved is the radio space for Indigenous community, culture, and conversation.